

# What to expect

from your skating lessons

## Week One

During the first week of classes your skater will check in at the skate rental counter and receive his/her rental skates. If this is your first time skating please ask for figure skates and not hockey skates. The flatter blade will allow your skater to be more successful while finding his/her balance on the ice.

Once your skater has skates on they should make their way toward the ice and meet the coaches. The first time skaters will start off the ice for a few minutes. Once the skaters take to the ice the fun will begin!! The coaches will help them out, teach them how to fall down & get back up and march around.



Weeks 2-7 Tuesdays  
Weeks 2-6 Saturdays

During these weeks your skater will go through the amazing process of learning & mastering new skills. Their confidence will build & their love for the freedom skating allows will abound. During these weeks you will want to take advantage of your free public session and even consider supplementing your child's group lessons with a private lesson. The final week of class your child will be evaluated on their skills.

## Fun, Fun, and MORE Fun!!!

### Theme Days

Each set of group lessons will have Theme Day. PJ day, silly hat, etc. Look for more information

### Holiday Show

Skaters in the Oct-Dec set will have the opportunity to perform in our show.

### Bring a Friend

On the third week of every set every skater gets to bring a friend for free!!!

## Evaluation Days

During the final week all skaters will be evaluated on their skills. Each skater will receive a form showing which skills they passed or need more work on.

## Private Lessons

If your skater is progressing quickly or would like to be progressing at a faster pace, then private lessons are the way to go. Supplementing group lessons with a weekly private lesson is a great way to help your skater be more successful. All of our group lesson coaches are available for private lessons.

## What to wear

Skaters should wear clothes that are easy to move in and warm; gloves or mittens and a helmet is encouraged. Thin socks or ballet tights are more ideal for foot wear than thick socks. Their feet will be warmer and more comfortable.

## Buying Skates

Having your own skates is like having a pair of comfy slippers on your feet...well almost☺ Skaters who have their own skates will be more comfortable and can improve at faster rates. *Skaters enrolled in our program will receive 10% off a purchase at Hockey Armor.* Please talk to your coach for equipment advice.

## What to do at the end of your set

We hope you have enjoyed your time with Lake City Figure Skating's learn to skate group lessons. At the end of each set your skater will receive an evaluation sheet letting you know which level to sign up for next set!! We offer group lessons every 6-7 weeks all year long with other programming for advancing skaters. You can always sign up in person at the rink or on line at [www.lakecityfigureskating.org](http://www.lakecityfigureskating.org)

